

## **AUTUMN 2025**

## **Practice Newsletter**

## What's in this newsletter:

- News
- 2. CEV out and about!
- 3 Presentation evenings
- First Aid Kits 4.
- 5. CEV top tips ahead of Winter
- 6. **Gastric Ulcers**
- Winter worming

## **Veterinary Surgeons:**

**Matt Hanks BVSc MRCVS** 

Malcolm Corsar BVM&S CertAVP(EP)

**MRCVS** 

BVM&S CertAVP(EM) **Holly Marshall** 

**MRCVS** 

**BVetMed MRCV Rebecca Davies** 

## **Front Office Staff**

Practice Manager -Gemma Williamson Receptionist -Sally Burns

## **Opening Hours**

Monday to Friday: 8.30am - 5pm 24hr Emergency Service 0131 664 5606

info@centralequinevets.co.uk Fmail: Website: www.centralequinevets.co.uk

Follow us on Facebook, Instagram and Twitter!



Imogen and PJ attended the Summer Petplan Championships and did not disappoint! After only a couple of months at Medium, they ended up ended up finishing just outside the top 10 in a huge class of 43!

What a fantastic achievement for Imogen & PJ - we can't wait to see what's to come!

# **2025 AUTUMN NEWSLETTER**

Rebecca has recently been working towards sitting her synoptic exam to pass her Certificate in Equine Practice and we are happy to share that she has passed this exam and will now be known as Dr Rebecca Davies BVetMed CertAVP (EP) MRCVS. We think you will all join us in

saying a massive well done Rebecca!





We have been extremely grateful to Laura Parish who joined the team earlier this year, temporarily standing in for Holly Marshall. Holly will be making a return shortly and we would like to thank Laura for doing such a wonderful job. Many of you will have met Laura at appointments and agree, she has been a fantastic addition to the team!

## **CEV OUT AND ABOUT**

In August, Malcolm provided a fascinating presentation about 'What To Expect From Modern Equine Dentistry in 2025'. This was a well attended evening covering a range of topics such as dental conditions, treatments, advancements and provided a demonstration of some of our state of the art, mobile dental equipment.





Our vets have been busy recently with our portable x-ray machine, enabling them to provide care for your horses right in their stable. We've received a lot of positive feedback from clients who appreciate not having to transport their horses, which reduces stress. Moreover, investigations can still be conducted without the need for transport, and clients can be immediately involved in discussions about the findings and treatment plans.

Brand Ambassador, Gemma Sellar was a regional nominee for the British Dressage Regional Celebration Awards. She was nominated under the Judge Award category.

Well done on your nomination Gemma - we are all very proud of you.





We celebrated Veterinary Receptionist Appreciation Day on 1st October and treated our fabulous office team to pizza lunch to celebrate! A big shoutout to our dedicated office team for keeping everything running smoothly at head office. Thanks for all your hard work!



## PRESENTATION EVENINGS



## CENTRAL EQUINE VETS CHRISTMAS QUIZ

BACK BY POPULAR DEMAND! We would like to invite you all to join us for an evening of Christmas quizzing and cheer.

Have some festive fun with friends testing out your veterinary, equine & general knowledge with some AMAZING prizes available!





CEV WOODEN SPOON

MULLED WINE TEA AND COFFEE

SANTA & THE CEV ELVES

## Thursday 11th December 2025

The Stable Bar, 50 Mortonhall Gate, Edinburgh, **EH16 6TJ** 



Thursday 18th December 2025

Hillfoots RFC Oakmill Lower Mill Street Tillicoultry, FK13 6BP

OPEN TO ALL - email info@centralequinevets.co.uk to secure your spot!

Central Equine Veterinary Services Ltd

109/3A Swanston Road, Edinburgh, EH10 7DS

0131 664 5606 - info@centralequinevets.co.uk - www.centralequinevets.co.uk

## FIRST AID KITS - HAVE YOU GOT YOURS....?

Did you know that you can purchase equine first aid kits from Central Equine Vets direct? We have two first aid kits available, an essential and also a comprehensive kit to cover all those emergency needs!

**Essential** first aid kit £37.50



Comprehensive first aid kit

£52.00

Add a stethoscope for £9.50!







Assess your horse's body condition. Do they need to lose weight over winter? Do they need to put on some weight before it gets too cold?

Monitor your horse's water and make sure it's clean and doesn't freeze over when the cold weather hits

**Check your** horse's legs daily for signs of mud fever as the weather gets colder and wetter.



Wash and reproof any rugs you will need over winter and check they still fit.

**CEV TOP TIPS AHEAD OF WINTER** 

Do a last worm egg count before the cold weather sets in and plan for if your horse needs a winter treatment.



Get your horse's teeth checked. Some horses struggle more eating hay rather than grass over winter.



A change in weather can cause more episodes of colic so monitor your horse's appetite and faecal output closely.



If your horse is especially hairy consider if they need clipping.



## Central Equine Vets online, on your phone and tablet!!











## **EQUINE GASTRIC ULCER SYNDROME (EGUS)**

Gastric Ulcers are a very common condition in all horses, not only competition horses. Many horses suffering EGUS show minimal signs, meaning the condition can often go un-diagnosed & therefore untreated. Being aware & alert for subtle signs of EGUS can help you to catch things early & prevent future problems for your horse.

## **CLINICAL SIGNS**

Poor Performance
Weight Loss
Poor Coat
Resents girth
tightening
Colic
Diarrhoea
Poor appetite

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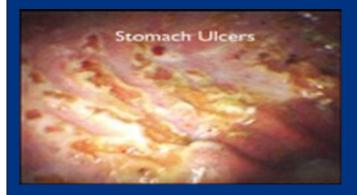
#### INVESTIGATION

## **GASTROSCOPY**

Our portable video endoscopes allow us (and our clients!) to visualise otherwise inaccessible areas of horses' bodies!

Our 3 metre video gastroscope is used to investigate gastric ulceration syndrome in your horse, enabling our vets to access your horse's stomach and observe the findings immediately as they are relayed to the portable screen. This means that the vet and the client can instantly see what they are dealing with.

The advantage of the video endoscope over the traditional fibre (eye piece) endoscope is that it allows for images to be clearly seen on a large monitor, which means that our vets can show you the findings at the time and chat about the case. We find that this helps make understanding the diagnosis easier - after all, a picture is worth a thousand words.



It is important to bear in mind that every horse is different and the response to the severity of gastric ulcers will vary from horse to horse.

#### TREATMENT

## **MEDICATION**

Veterinary practices will treat EGUS with Omeprazole which is the most effective relief and treatment. Omeprazole comes in an injectable or paste form meaning that there are different options depending on each individual horses needs. Vets may also use an additional paste alongside Omeprazole called Sucralfate, which acts a little like a 'plaster' helping protect the damaged mucosa.





## **DIETARY MANAGEMENT**

- → More roughage / fibre not sugar / starch (concentrates).
- ⇒ Can replace energy from concentrates with oil 1ml/kg/day or un-molassed beet pulp.
- ⇒ Alfalfa chaff—high in calcium & encourages chewing to promote saliva production really good.
- ⇒ Any cereals—should be minimised where possible.

## **PREVENTION**

Dietary modifications as above and including:

- Small cereal meals: <0.5kg/100kg at any feed.
- Mix cereals with alfalfa
- Feed a small amount of roughage before exercise – stops acid splash.
- Avoid stress / pain.
- Medications such as Omeprazole can be used –
   Oral / Injectable Omeprazole



Roughage = good gastric health

If you are concerned about the potential for Gastric Ulcers in your horse, please get in touch and one of our vets will be able to help.



## WINTER WORMING

Veterinary practices don't recommend routinely worming horses anymore due to increasingly recognising signs of resistance to wormers. There are now alternative methods that allow us to provide a more accurate worming regime for our horses and ponies.

- Faecal worm egg count test completed quarterly (at minimum), in addition to the following...
- Testing for red worm through a blood test
- Testing for tapeworm through a blood test or saliva test

These tests allow for minimal and effective worming over the winter months rather than blanket worming, helping to reduce the chance of resistance developing.



## **ENCYSTED RED WORM**

We encourage that worming for encysted red worm should be provided in line with the attached table.

Low risk horses should be offered a red worm blood test and treated with Equest (Moxidectin) if required. High risk horses should still be wormed with an Equest / Equest Pramox (Moxidectin and Praziquantel).

LOW RISK	HIGH RISK
Closed Herd	Open Herd
Dung removed 2-3 times per week	Dung not removed / removed less than once a week
Low stock density	High stock density
No youngstock (<5 years old)	Youngstock present (<5 years old)
Horses with limited grazing time year round	Potential anthelmintic resistance
Effective quarantine in place (moxidectin + praziquantel anthelmintic given prior to pasture turnout)	No/ineffective quarantine in place
WEC results of <200 epg throughout Summer	WEC results of >200 epg for high proportion of horses

## **TAPEWORM**

We encourage that worming for tapeworm should be provided in line with the following:

- Blood sample or saliva test completed
- Wormers administered as follows depending on results:
  - Equest (when no tapeworm treatment required)
  - Equest Pramox (when tapeworm treatment is required)



Any blood / saliva tests should be completed at least 4 months after the last wormer for tapeworm was administered.

Please remember that the time to administer the Winter wormers is following a consistent frost. Mid – end of December is generally the recommended time to worm your horse however your vet will always be able to advise and flexibility is needed to ensure we adapt to weather and environment conditions where necessary.

Should you have any questions regarding winter worming, setting up a worming programme or what to do when for your horse, please contact the practice and one of our vets will be able to talk you through the process.